

Rennverlauf
 OWL DMS-J und Masters lange Strecke 2009

14.02.2009-15.02.2009, Ishara Bielefeld, Kurzbahn

Name	Jg/Ak	Strecke	Platz	Distanz	Splitzeit	Lapzeit
Bölcke, Jan-Peter	1957/AK50	400 L	1	100	01:25,35	01:25,35
				200	02:59,68	01:34,33
				300	04:40,40	01:40,72
				400	06:05,57	01:25,17
Bölcke, Jan-Peter	1957/AK50	400 F	1	100	01:17,58	01:17,58
				200	02:38,56	01:20,98
				300	04:00,77	01:22,21
				400	05:21,73	01:20,96
Bölcke, Jan-Peter	1957/AK50	1500 F	1	100	01:18,44	01:18,44
				200	02:44,40	01:25,96
				300	04:09,75	01:25,35
				400	05:34,40	01:24,65
				500	06:58,92	01:24,52
				600	08:23,48	01:24,56
				700	09:48,13	01:24,65
				800	11:12,77	01:24,64
				900	12:38,48	01:25,71
				1000	14:05,37	01:26,89
				1100	15:31,10	01:25,73
				1200	16:59,46	01:28,36
				1300	18:27,87	01:28,41
				1400	19:55,33	01:27,46
				1500	21:20,24	01:24,91
Goes, Maren	1987/AK20	400 L	3	100	01:23,77	01:23,77
				200	02:58,66	01:34,89
				300	04:37,56	01:38,90
				400	06:03,74	01:26,18
Goes, Maren	1987/AK20	800 F	3	100	01:16,55	01:16,55
				200	02:42,94	01:26,39
				300	04:12,39	01:29,45
				400	05:42,35	01:29,96
				500	07:10,03	01:27,68
				600	08:37,51	01:27,48
				700	10:03,90	01:26,39
				800	11:26,83	01:22,93
Kleinwegener, Valerie	1989/AK20	400 F	2	100	01:08,64	01:08,64
				200	02:25,64	01:17,00
				300	03:45,20	01:19,56
				400	05:06,48	01:21,28
Kleinwegener, Valerie	1989/AK20	800 F	2	100	01:14,07	01:14,07
				200	02:34,67	01:20,60
				300	03:54,29	01:19,62
				400	05:15,54	01:21,25
				500	06:35,57	01:20,03
				600	07:55,42	01:19,85
				700	09:15,73	01:20,31
				800	10:32,95	01:17,22

1. Mannschaft weiblich	B	4x100 R	3			
Göbel, Indra	1994			100	01:28,95	01:28,95
Myschkin, Lina	1994			200	02:59,47	01:30,52
Klaas, Lea	1994			300	04:28,39	01:28,92
Stiegmann, Janina	1995			400	05:52,63	01:24,24
1. Mannschaft weiblich	B	4x100 F	4			
Klaas, Lea	1994			100	01:14,10	01:14,10
Myschkin, Lina	1994			200	02:29,92	01:15,82
Stiegmann, Janina	1995			300	03:47,29	01:17,37
Unger, Lena	1995			400	05:01,14	01:13,85
1. Mannschaft weiblich	B	4x100 B	4			
Myschkin, Lina	1994			100	01:37,74	01:37,74
Klaas, Lea	1994			200	03:33,22	01:55,48
Stiegmann, Janina	1995			300	05:12,70	01:39,48
Unger, Lena	1995			400	06:47,08	01:34,38
1. Mannschaft weiblich	B	4x100 S	4			
Klaas, Lea	1994			100	01:34,08	01:34,08
Myschkin, Lina	1994			200	03:06,74	01:32,66
Stiegmann, Janina	1995			300	04:41,92	01:35,18
Hofmeister, Maja	1995			400	06:21,23	01:39,31
1. Mannschaft weiblich	B	4x100 L	4			
Stiegmann, Janina	1995			100	01:21,67	01:21,67
Unger, Lena	1995			200	02:54,42	01:32,75
Klaas, Lea	1994			300	04:21,13	01:26,71
Myschkin, Lina	1994			400	05:35,86	01:14,73